



Instructions For Use

ACESO SYSTEM BEFORE YOU START

Avoid Eye Contact and Keep Out of Reach of Children.

Step Two is a Highly Flammable Liquid and Vapor. Keep away from heat, sparks, open flame and hot surfaces. The **ACESO SYSTEM** may be used on finger and toenails. **ACESO** can only work on bare nails, any nail coverings must be removed.

Instructions FOR USE:

For The Professional

1. Remove as much of the affected nail as possible on the free edge. Then thin the nail plate as much as possible, but comfortably for the client, thus providing less of a barrier for the treatment to penetrate. Either an E-file or nail file may be used to accomplish this.
2. **Kick Start Soak:** Put about one tablespoon of Soak in a warm footbath and soak for 5-10 minutes and dry the foot to semi-dry. Then proceed to the Client Instructions.

For The Client

Step 1 and **Step 2** should be applied twice daily, if possible, but daily at a minimum. **Step 1** works best on a nail that has been exposed to water. For example, after a bath, shower or just a three - five-minute soak in water. This allows **Step 1** to “draw” into and through the nail plate onto the nail bed tissue.

1. Apply one or two drops of **Step 1** onto the moistened nail. Allow these drops to react with the nail plate surface and then massage into the nail plate. If any of the nails are “lifted” apply **Step 1** directly under the nail plate, letting it seep into/onto the nail bed. The photo of the thumb (Image 1) is a good example of this.
2. Next, apply **Step 2** to the surrounding soft tissue, massaging around the cuticle area and between the toes/fingers, it will dry in less than 10 seconds.
3. As the nail grows out, file off or clip the affected free edge. This is best accomplished with your nail professional.

Debrider:

- Debrider is used to “flush out” dead tissue and debris between the nail plate and nail bed.
- Debrider aids in allowing new nail growth to more quickly attach.

As **Step 1** and **Step 2** act on the affected areas under the nail plate, the faster we can remove that tissue, the faster the nail plate can reattach. The timing of this is very case dependent.

1. Presoak in water about three to five minutes.
2. Towel-Dry excess water.
3. Apply Debrider drops to the exposed tissue mass under the nail with the eyedropper.
4. Allow the serum to soak-in for a few minutes.
5. Use the eyedropper filled with water and flush the water under the nail plate (do not place the eyedropper under the nail plate), washing out loose and dead tissue. Then use a soft bristle brush or tool to carefully abrade the exposed area.
6. Wash the area thoroughly.
7. Repeat every two days until the underside of the nail plate looks cleaned out and dry, you may discontinue use at that point.

Continued Use: Continue to use the **ACESO SYSTEM** until the affected area appears normal. Everyone’s level of symptoms are different. Weeks up to Months (such as with Hyperkeratosis) is normal. We encourage you to schedule regular visits with your nail professional to assess and progress their results.



Image 1

Unfortunately, there are no “quick fixes” when it comes to Addressing these nail conditions. This is because a new toenail must grow to replace the old, damaged toenail. This time frame varies on how fast or slow your toenails grow and how severe the nail condition is.

Affected fingernails tend to progress more quickly since they grow faster and have a less harsh environment

Positive results from the ACESO System are wholly dependent on the Client’s adherence to the use protocol.

The ACESO System is not a drug. It has not been reviewed or approved by the FDA to Diagnose, Prevent, Treat or Cure any nail conditions.

