



RELEASE PROTOCOL

Client Consultation

Even with existing clients, it's best to start with a review of any potential foot health issues when they book their pedicure appointment. Ask if they have diabetes, psoriasis, or other conditions that may interfere with their feet, including wounds like cuts, ulcers, abrasions, or other areas of broken skin. If your client has any visible foot health issues, refer them to their doctor or podiatrist.

If your client is healthy and ready for the best pedicure of their life, offer them these options:

RELEASE GOLD PEDICURE

The **GOLD** Pedicure uses our high-quality RELEASE products to provide a pedicure experience unlike any other. Our products help the skin absorb and retain moisture, leaving them softer and smoother than ever before. Your client's feet will look and feel amazing after this lavish treatment for the toes, heels, and soles!

RELEASE PLATINUM PEDICURE Upgrade:

We recommend an upgrade charge of \$15 or higher.

The **PLATINUM** Pedicure Upgrade adds **AU Drench™** and **CBD Elixir** to the already luxurious GOLD Pedicure experience. **AU Drench™** combines Allantoin and Urea to soothe and moisturize the skin. Think of **AU Drench™** as "pure moisture" for the skin. **CBD Elixir** contains 4% CBD suspended in organic hemp seed oil and is a serious, intensive treatment for the skin.

Remember: RELEASE can also be used for your Manicure service!

SOAK, SOOTHE, TRIM & SMOOTH

- Remove any polish from the toenails
- Add 1-2 pumps of **SOAK-A-LYPTUS™** into your footbath, then fill with warm water.
For diabetic clients, soak no more than 3-4 min at approximately 95F/35C
RELEAF Platinum Pedicure Upgrade: Add 1 teaspoon of AU Drench along with SOAK-A-LYPTUS™
- Submerge your client's feet in the water and let them soak for at least 4-6 minutes, although you can let your client relax for longer if they wish.
- Remove their feet from the bath, gently towel dry, leaving the skin damp.
RELEAF Platinum Pedicure Upgrade: Warm two eyedroppers of CBD ELIXIR in the palms of your hands and massage into your client's feet and legs. The ELIXIR should quickly absorb into their skin within 2-3 minutes.
- Trim and file the free edge of their toenails. After trimming, spray **CUTI-CAL** on to the toe cuticles and the heels of their feet. Spray generously on any callused areas.
- Allow the **CUTI-CAL** Treatment to soak in for approximately 2 minutes, then carefully push back the proximal nail fold (cuticle) and remove any loose skin.
- Use the **LOOSIN' IT FOOT FILE™** to gently smooth down the calluses and dry skin. You can reapply **CUTI-CAL** to any areas needing extra attention before finishing with the **LOOSIN' IT FOOT FILE™**.

BLISS

- Use approximately 2/3 teaspoon of **DADI® SCRUB GOLD** per foot, and gently massage it onto your client's feet and legs. Pay extra attention to the heel and sole of the feet.
- If your client wishes, wrap their feet and legs in a warm, damp towel and allow the heat to help the **DADI® SCRUB GOLD** penetrate and relax your client's feet and legs (optional).
- Use the towel to remove the undissolved **DADI® SCRUB GOLD** and then dip into the footbath to remove the rest.
- Start with approximately 1/2 teaspoon of **DADI® LOTION GOLD**, massage your client's feet and legs until their skin absorbs the lotion. Take your time and focus on helping your client relax.

RELEAF PLATINUM Pedicure Upgrade: Apply 1-2 eyedroppers of CBD ELIXIR to your client's feet and legs before providing the massage.

GLAM

- Carefully cleanse the nail plates and toe cuticles using **Cinnatize™** Nail Surface Cleanser to provide an oil-free surface of the nail plate and increase adhesion. Apply the selected polish.

FINISHING TOUCHES

After polishing, apply **Dadi® Oil** over the nail polish and cuticles. Complete the pedicure by spraying **FAMOUS FINISH™** to the toes and tops of the feet. **FAMOUS FINISH™** cools and conditions the feet, creating the perfect end to the perfect pedicure. Use a towelette to remove any excess moisture or oils from the bottom of the foot to prevent slipping.

At-home foot care will help your clients keep their pedicure looking fabulous and their feet soft and smooth. **Dadi® Oil**, **DADI® LOTION GOLD**, **DADI® SCRUB GOLD** and **CBD ELIXIR** are all perfect ways to help your client reach this goal.