

RELEAF GOLD PEDICURE

Quick Reference Guide



1. CONSULTATION

2. SOAK, SOOTHE, TRIM & SMOOTH



- Remove polish
- Add 1-2 pumps of SOAK-A-LYPTUS to foot bath prior to filling
- Soak 4-6 minutes, Diabetics 3-4 minutes
- Towel dry feet (leaving some moisture)
- Trim & file toenails
- Spray CUTI-CAL on cuticles & heels, let rest for two minutes, reapply to calluses as needed
- Carefully push back cuticles and remove loose skin
- Use the LOOSIN'IT FOOT FILE to smooth calluses & dry skin



3. BLISS



- Scoop 2/3 teaspoon per foot of DADI' SCRUB GOLD and massage feet & legs
- Wrap in a warm damp towel for up to 5 mins (optional)
- Use towel to remove scrub residue or rinse skin with water over foot bath
- Massage 1/2 tsp per foot of DADI' LOTION GOLD over feet & legs



4. GLAM



- Cleanse nail plate with Cinnatize or preferred cleanser
- Polish
- Re-condition cuticle with Dadi'Oil
- Spray on FAMOUS FINISH and wipe excess off bottom of the feet



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RELEAF PLATINUM PEDICURE

Quick Reference Guide

1. CONSULTATION



2. SOAK, SOOTHE, TRIM & SMOOTH



- Remove polish
- Add 1-2 pumps of SOAK-A-LYPTUS and **1 teaspoon AU DRENCH to foot bath prior to filling**
- Soak 4-6 minutes, Diabetics 3-4 minutes
- Towel dry feet (leaving some moisture)
- Trim & file the toenails
- Apply 1-2 eyedroppers of CBD ELIXIR and massage onto feet & legs**
- Spray CUTI-CAL on cuticles & heels, let set for two minutes, reapply to calluses as needed
- Carefully push back cuticles and remove loose skin
- Use the LOOSIN'IT FOOT FILE to smooth calluses & dry skin



3. BLISS



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