# RELEAF GOLD PEDICURE

### **Quick Reference Guide**

### **1. CONSULTATION**

### 2. SOAK, SOOTHE, TRIM & SMOOTH

- 1. Remove polish
- 2. Add 1-2 pumps of SOAK-A-LYPTUS to foot bath prior to filling
- 3. Soak 4-6 minutes. Diabetics 3-4 minutes
- 4. Towel dry feet (leaving some moisture)
- 5. Trim & file toenails
- 6. Spray CUTI-CAL on cuticles & heels, let rest for two minutes, reapply to calluses as needed
- 7. Carefully push back cuticles and remove loose skin
- 8. Use the LOOSIN'IT FOOT FILE to smooth calluses & drv skin



- Scoop 2/3 teaspoon per foot of DADI' SCRUB GOLD 1.
  - 2. Wrap in a warm damp towel for up to 5 mins (optional)
  - 3. Use towel to remove scrub residue or rinse skin with water over foot bath
  - Massage 1/2 tsp per foot of DADI' LOTION GOLD over feet & legs 4.

### 4. GLAM

- Cleanse nail plate with your preferred cleanser 1.
- 2. Polish
- 3. Re-condition cuticle with Dadi'Oil
- 4. Spray on FAMOUS FINISH and wipe excess off bottom of the feet

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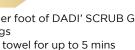




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and massage feet & legs







# RELEAF PLATINUM PEDICURI **Quick Reference Guide**

### 1. CONSULTATION

### 2. SOAK, SOOTHE, TRIM & SMOOTH

- 1. Remove polish
- 2. Add 1-2 pumps of SOAK-A-LYPTUS and 1 teaspoon AU DRENCH to foot bath prior to filling
- 3. Soak 4-6 minutes, Diabetics 3-4 minutes
- 4. Towel dry feet (leaving some moisture)
- 5. Trim & file the toenails
- 6. Apply 1-2 eyedroppers of CBD ELIXIR and massage onto feet & leas
- 7. Spray CUTI-CAL on cuticles & heels, let set for two minutes, reapply to calluses as needed
- 8. Carefully push back cuticles and remove loose skin
- 9. Use the LOOSIN'IT FOOT FILE to smooth calluses & drv skin





3. BLISS

- Scoop 2/3 teaspoon per foot of DADI' SCRUB GOLD 1. and massage feet and legs
- 2. Wrap in a warm damp towel for up to 5 mins (optional)
- 3. Use towel to remove scrub residue or rinse skin with water over foot bath

- 4. Apply 1-2 eyedroppers CBD ELIXIR to feet & legs
- 5. Massage 1/2 tsp per foot of DADI' LOTION GOLD over feet & legs

## 4. GLAM

- Cleanse nail plate with your preferred cleanser 1.
- 2. Polish
- Re-condition cuticle with Dadi'Oil
- 4. Spray on FAMOUS RELEAF FINISH and wipe excess off bottom of the feet

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