

RELEAF GOLD PEDICURE

Quick Reference Guide



1. CONSULTATION

2. SOAK, SOOTHE, TRIM & SMOOTH



1. Remove polish
2. Add 1-2 pumps of SOAK-A-LYPTUS to foot bath prior to filling
3. Soak 4-6 minutes, Diabetics 3-4 minutes
4. Towel dry feet (leaving some moisture)
5. Trim & file toenails
6. Spray CUTI-CAL on cuticles & heels, let rest for two minutes, reapply to calluses as needed
7. Carefully push back cuticles and remove loose skin
8. Use the LOOSIN'IT FOOT FILE to smooth calluses & dry skin



3. BLISS



1. Scoop 2/3 teaspoon per foot of DADI' SCRUB GOLD and massage feet & legs
2. Wrap in a warm damp towel for up to 5 mins (optional)
3. Use towel to remove scrub residue or rinse skin with water over foot bath
4. Massage 1/2 tsp per foot of DADI' LOTION GOLD over feet & legs



4. GLAM



1. Cleanse nail plate with your preferred cleanser
2. Polish
3. Re-condition cuticle with Dadi'Oil
4. Spray on FAMOUS FINISH and wipe excess off bottom of the feet



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RELEASEAF PLATINUM PEDICURE

Quick Reference Guide

1. CONSULTATION



2. SOAK, SOOTHE, TRIM & SMOOTH



1. Remove polish
2. Add 1-2 pumps of SOAK-A-LYPTUS and **1 teaspoon AU DRENCH to foot bath prior to filling**
3. Soak 4-6 minutes, Diabetics 3-4 minutes
4. Towel dry feet (leaving some moisture)
5. Trim & file the toenails
6. **Apply 1-2 eyedroppers of CBD ELIXIR and massage onto feet & legs**
7. Spray CUTI-CAL on cuticles & heels, let set for two minutes, reapply to calluses as needed
8. Carefully push back cuticles and remove loose skin
9. Use the LOOSIN'IT FOOT FILE to smooth calluses & dry skin



3. BLISS



1. Scoop 2/3 teaspoon per foot of DADI' SCRUB GOLD and massage feet and legs
2. Wrap in a warm damp towel for up to 5 mins (optional)
3. Use towel to remove scrub residue or rinse skin with water over foot bath
4. **Apply 1-2 eyedroppers CBD ELIXIR to feet & legs**
5. Massage 1/2 tsp per foot of DADI' LOTION GOLD over feet & legs



4. GLAM



1. Cleanse nail plate with your preferred cleanser
2. Polish
3. Re-condition cuticle with Dadi'Oil
4. Spray on FAMOUS RELEASEAF FINISH and wipe excess off bottom of the feet



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