RELEAF GOLD PEDICURF

Quick Reference Guide

1. CONSULTATION

2. SOAK, SOOTHE, TRIM & SMOOTH



- a. Remove polish
- b. Add 1-2 pumps of SOAK-A-LYPTUS to foot bath prior to filling
- c. Soak 4-6 minutes. Diabetics 3-4 minutes
- d. Towel dry feet (leaving some moisture)
- e. Trim & file toenails
- f. Spray CUTI-CAL on cuticles & heels, let rest for two minutes, reapply to calluses as needed
- g. Carefully push back cuticles and remove loose skin
- h. Use the LOOSIN'IT FOOT FILE to smooth calluses & dry skin.

3. BLISS

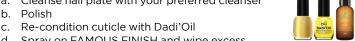


- Scoop 2/3 teaspoon per foot of DADI' SCRUB GOLD and massage feet & legs
- b. Wrap in a warm damp towel for up to 5 mins (optional)
- c. Use towel to remove scrub residue or rinse skin with water over foot bath
- Massage 1/2 tsp per foot of DADI' LOTION GOLD over feet & legs

4. GLAM



- a. Cleanse nail plate with your preferred cleanser
- b. Polish
- d. Spray on FAMOUS FINISH and wipe excess off bottom of the feet





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RELEAF **PLATINUM** PEDICURI

Quick Reference Guide

1. CONSULTATION

2. SOAK, SOOTHE, TRIM & SMOOTH



- Remove polish
- b. Add 1-2 pumps of SOAK-A-LYPTUS and 1 teaspoon AU DRENCH to foot bath prior to filling
- c. Soak 4-6 minutes. Diabetics 3-4 minutes
- d. Towel dry feet (leaving some moisture)
- e. Trim & file the toenails
 - Apply 1-2 eyedroppers of CBD ELIXIR and massage onto feet & leas
 - g. Spray CUTI-CAL on cuticles & heels, let set for two minutes, reapply to calluses as needed
 - h. Carefully push back cuticles and remove loose skin
- Use the LOOSIN'IT FOOT FILE to smooth calluses & dry skin.

3. BLISS



- Scoop 2/3 teaspoon per foot of DADI' SCRUB GOLD and massage feet and legs
- b. Wrap in a warm damp towel for up to 5 mins (optional)
- Use towel to remove scrub residue or rinse skin with water over foot bath
- d. Apply 1-2 eyedroppers CBD ELIXIR to feet & legs
- Massage 1/2 tsp per foot of DADI' LOTION GOLD over feet & legs

4. GLAM



- a. Cleanse nail plate with your preferred cleanser
- b. Polish
- Re-condition cuticle with Dadi'Oil
- d. Spray on FAMOUS FINISH and wipe excess off bottom of the feet



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