

# RELEASE QUICK REFERENCE



## RELEASE GOLD PEDICURE: Our Luxury pedicure

The **GOLD** Pedicure uses our high-quality RELEAF products to provide a pedicure experience unlike any other.



## RELEASE PLATINUM PEDICURE Upgrade

The **PLATINUM** Pedicure Upgrade adds **AU Drench™** and **CBD Elixir** to the already luxurious GOLD Pedicure experience.

On clean and prepped nails:

1. Add 1-2 pumps of **SOAK-A-LYPTUS** in a foot or hand bath and fill with warm water. Add 1 teaspoon of **AU DRENCH** to the water (eliminate if doing Gold).
2. Let them soak for at least 6-10 minutes, longer if needed. For diabetic clients, soak no more than 3-4 min at approximately 95F/35C.
3. Remove from the bath, towel dry, leaving skin damp. Warm 2 eyedroppers of **CBD ELIXIR** in hands and massage into client's feet-legs or hands. The **CBD ELIXIR** will absorb into the skin in 2-3 minutes (eliminate if doing Gold).
4. Trim and file the free edge of the nails.
5. Spray **CUTI-CAL** onto the cuticles and bottom of feet using generously on callused areas. Allow **CUTI-CAL** to soak in for 2 minutes, then push back the cuticle and remove any loose skin.
6. Using the **LOOSIN' IT FOOT FILE**- gently smooth the calluses and dry skin. If needed apply **CUTI-CAL** to any areas that need extra attention.
7. Using 2/3 Teaspoon of **DADI' SCRUB GOLD** per foot and gently massage into your clients' feet and legs. Pay attention to the heel and soles of the foot.
8. For extra moisture, wrap their feet and legs in a warm towel to help the **DADI' SCRUB GOLD** to penetrate the skin. Remove what is left on the skin with our towel and dip into water to remove the rest.
9. Apply 1-2 eyedroppers of **CBD ELIXIR** to your client's feet and legs before providing the massage (eliminate if doing Gold). Start with approximately 1/2 teaspoon of **DADI'™ LOTION GOLD**, massage your client's feet and legs until their skin absorbs the lotion.
10. Cleanse the nail plates and apply polish.
11. Apply **DADI' OIL** onto the cuticles and if desired spray **FAMOUS RELEASE FINISH™** - this will seal in all moisture and further condition the skin - They are ready to go!

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